

Facile Detection of Blood Creatinine Using Binary Copper–Iron Oxide and rGO-Based Nanocomposite on 3D Printed Ag Electrode under POC Settings

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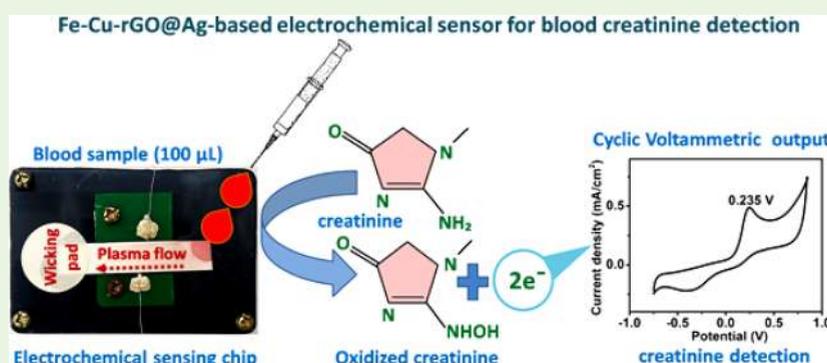
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ABSTRACT: Metal nanoparticles have been helpful in creatinine sensing technology under point-of-care (POC) settings because of their excellent electrocatalyst properties. However, the behavior of monometallic nanoparticles as electrochemical creatinine sensors showed limitations concerning the current density in the mA/cm² range and wide detection window, which are essential parameters for the development of a sensor for POC applications. Herein, we report a new sensor, a reduced graphene oxide stabilized binary copper–iron oxide-based nanocomposite on a 3D printed Ag electrode (Fe–Cu–rGO@Ag) for detecting a wide range of blood creatinine (0.01 to 1000 μM; detection limit 10 nM) in an electrochemical chip with a current density ranging between 0.185 and 1.371 mA/cm² and sensitivity limit of 1.1 μA μM⁻¹ cm⁻² at physiological pH. Interference studies confirmed that the sensor exhibited no interference from analytes like uric acid, urea, dopamine, and glutathione. The sensor response was also evaluated to detect creatinine in human blood samples with high accuracy in less than a minute. The sensing mechanism suggested that the synergistic effects of Cu and iron oxide nanoparticles played an essential role in the efficient sensing where Fe atoms act as active sites for creatinine oxidation through the secondary amine nitrogen, and Cu nanoparticles acted as an excellent electron-transfer mediator through rGO. The rapid sensor fabrication procedure, mA/cm² peak current density, a wide range of detection limits, low contact resistance including high selectivity, excellent linear response ($R^2 = 0.991$), and reusability ensured the application of advanced electrochemical sensor toward the POC creatinine detection.

KEYWORDS: binary, nanocomposite, 3D print, electrochemical sensing chip, creatinine detection, point of care

INTRODUCTION

The creatinine level in blood serum is an essential indicator of various kidney and liver diseases. A deficient blood creatinine level signifies muscular dystrophy, poor liver functioning, and loss of body fluids. In contrast, high creatinine level indicates chronic kidney disease (CKD), which is a worldwide health crisis and can lead to chronic kidney failure when both the kidneys stop functioning.¹ Serum creatinine (SCr) levels for a normal healthy individual range between 40 and 150 μM (0.46–1.7 mg/dL),² whereas in extreme muscular dystrophy, the levels can fall as low as ~10 μM (0.14 mg/dL).³ The level shoots up to 442.1 μM (5 mg/dL) in the case of chronic kidney disease (CKD), leading to renal failure.^{4–6} Thus, creatinine detection in human blood becomes an important

measure of kidney and liver functioning and muscular dystrophy and can indicate the onset or presence of such diseases in human beings. Therefore, the development of an accurate method for routine quantitative creatinine measurement without any complicated sample preparation remains an important objective for detecting life-threatening diseases worldwide.

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41 Several well-established methods, such as colorimetric,
42 spectroscopic, and chromatographic techniques, have been
43 widely used for creatinine detection.^{7–11} However, tedious
44 sample preparation, especially in colorimetric detection, and
45 the requirement of sophisticated laboratory equipment,
46 including lack of accurate quantitative measurement, restricts
47 their applicability for rapid on-site monitoring and point of
48 care diagnosis. On the other hand, electrochemical quantifica-
49 tion using enzymatic biosensors represents a feasible
50 laboratory-scale measurement technique.^{12–14} However, the
51 methods became complicated and less reliable because the
52 immobilization of enzymes affects the biosensor shelf life in
53 storage and operational stability.

54 Therefore, the development of simple and effective non-
55 enzymatic techniques similar to the clinical diagnosis kits
56 devices for the real-time monitoring of glucose is an important
57 goal for point of care (POC) measurement of creatinine levels.
58 A summary of prior work conducted for nonenzymatic
59 electrochemical detection of creatinine and the gaps in these
60 techniques are shown in Table S1.^{12,15–28} As mentioned in
61 Table S1, the existing literature reveals that although each
62 exploration involves a unique creatinine detection method,
63 significant gaps still exist. They are as follows: (i) the current
64 responses of the sensors are low in the microamps range and
65 (ii) the lowest and highest creatinine levels in human blood so
66 far reported are out of detection limits. The low current range
67 would lead to complex and bulk electronic circuitry,
68 prohibitive in developing handheld devices to detect
69 creatinine. Additionally, a POC device requires a wide range
70 of detection, which should be greater than the range of
71 creatinine levels reported in human blood. To address the
72 issues mentioned above so that creatinine detection could be
73 performed on handheld lab-on-chip devices, we report a new
74 nonenzymatic creatinine detection sensor using rGO stabilized
75 iron–copper binary nanoparticles electrodeposited over a 3D
76 printed Ag electrode and an electrochemical chip. Further-
77 more, we report the interfacial mechanism for creatinine
78 reaction with the said binary metal nanoparticles, causing
79 higher response currents in the milliamp range for the first
80 time.

81 As creatinine has several donor groups in its main
82 tautomeric form, it can bind with various transition metal
83 ions such as Ag(I), Hg(II), Cd(II), Zn(II), Co(II), Ni(II),
84 Cu(II), Pt(II), and Pd(II) to generate redox currents. With
85 this approach, various research groups have demonstrated
86 creatinine detection using a monometallic platform.^{24,27}
87 However, in this work, the synergistic effect of Fe- and Cu-
88 based binary nanoparticles is explored as their combination
89 may possess better electrochemical performance than the
90 monometallic nanoparticles.^{29,30} The second approach of this
91 work is to select a suitable support material for the distribution
92 of binary nanoparticles for better stability and sustainable
93 electrocatalytic activity. Reduced graphene oxide (rGO) meets
94 these requirements as a support material because of its unique
95 physicochemical properties with a high surface area, excellent
96 electrical conductivity, good chemical as well as thermal
97 stability, and low production cost. Combining rGO and binary
98 nanoparticles could improve the nanocomposite electro-
99 catalytic activity if used for an electrochemical reaction.^{31–33}

100 To achieve this synergistic effect, we conducted electro-
101 deposition of the binary nanoparticles and rGO on a 3D
102 printed electrode. Three-dimensional printing has several
103 advantages over silk screen printed electrodes (SPE), as it

allows design flexibility, rapid mask-free fabrication, ~150
times lower resistivity (~12 mΩ/cm² for 3D printed Ag
electrodes) than Ag-SPEs (1.9 Ω/cm²). All these benefits of
the 3D printed electrode with the Fe–Cu–rGO nano-
composite made the overall electrochemical sensor, Fe–Cu–
rGO@Ag, efficient for creatinine detection with respect to the
higher response currents and better control over the resistivity
by providing suitable electrode height, surface roughness, and
higher porosity for promoting faster ionic diffusion followed by
the catalytic electrochemical oxidation of creatinine.^{34–37}

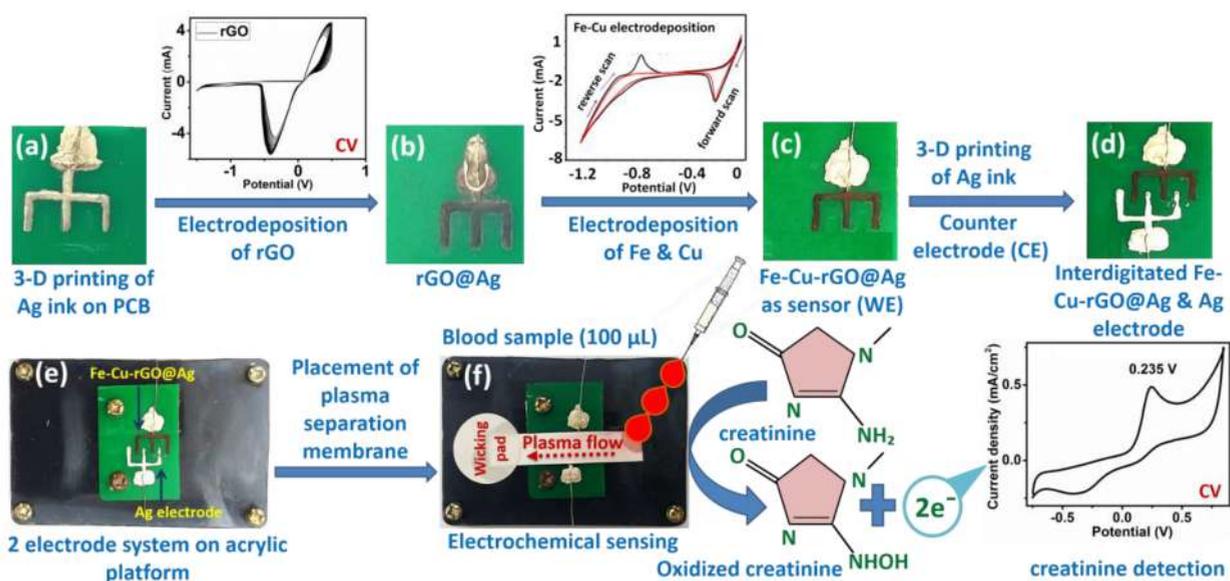
EXPERIMENTAL SECTION

Materials and Methods. Graphite flakes were purchased from
Graphene Surpermarket, USA. Sodium acetate buffer solution (pH
5.2) and phosphate buffer solution (500 mL, 1 M, pH 7.4) were
purchased from Sigma-Aldrich, USA. Analytical grade potassium
hexacyanoferrate (III) (K₃[Fe(CN)₆]), potassium hexacyanoferrate
(II) trihydrate (K₄[Fe(CN)₆]·3H₂O), sodium hydroxide, creatinine,
urea, ferric chloride (FeCl₃), aniline, hydrochloric acid, sodium nitrite,
and pH test strips were purchased from Merck (India) Pvt. Ltd.
Analytical grade uric acid, glutathione, dopamine, copper(II) chloride
dihydrate (CuCl₂·2H₂O), and iron(II) chloride tetrahydrate (FeCl₂·
4H₂O) were procured from HiMedia Laboratories Pvt. Ltd., India.
Isopropyl alcohol (propan-2-ol) was purchased from Rankem,
Avantor performance Materials, India. Whatman filter paper grade 1
and plasma separation membrane (PSM) were procured from Fisher
Scientific, U.K. and Cobetter Filtration Equipment Co. Ltd., China,
respectively. Single-sided scotch tape was procured from Magic Tape,
India and pipettes (5000, 1000, and 200 μL) were purchased from
Tarson variable volume pipet, India. The printed circuit board (FRI
grade) and silver conductive ink was purchased from Voltera, UK.
The silver conductive adhesive paste was purchased from Alfa Aesar,
USA. The counter electrode (platinum wire of 0.5 × 35 mm, purity
99.99%, CHI115) and reference electrode (Ag/AgCl, CHI111) were
purchased from CH Instruments, USA. Digital Multimeter, scissors,
drilling machine, copper wire, and acrylic sheets, bolts and nuts were
received from a local supplier. The experimental solutions and buffers
were prepared with ultrapure Milli-Q water.

**3D Printing of Silver Conductive to Prepare Interdigitated
Pre-electrode.** For the electrochemical detection of creatinine in
blood plasma, the pre-electrodes were printed by 3D printing of
conductive Ag ink on a flame retardant grade 1 (FR1) PCB substrate
using a Voltera V-One conductive ink printer. The conductive ink
comprises silver ink, 20% diethylene glycol monoethyl acetate, and
10% mineral spirits as specified by the manufacturer (Voltera
datasheet; Conductor 2, SDS version 1.0). The PCB substrate was
cut into a rectangular shape of 3.5 × 2.5 cm, and 3 printing of the
conductive ink was performed in interdigitated fashion to develop a
two-electrode system viz. working electrode (WE) and counter
electrode (CE). First, the WE was printed two times with a fixed
height of 400 μm. Copper wire was attached to the WE using silver
conductive adhesive paste and kept at 50 °C for 2 h for proper drying
and attachment. A continuity test was conducted to check the
conductivity between the pre-electrodes and copper wire using digital
multimeter. The 3D printed Ag electrode was next subjected to
electrodeposition of Cu and Fe nanoparticles on rGO as nano-
composite to prepare the final electrochemical sensor, Fe–Cu–
rGO@Ag.

**Electrodeposition of Fe–Cu–rGO Nanocomposite on Ag
Electrode to Prepare Fe–Cu–rGO@Ag Sensor.** The Fe–Cu–
rGO nanocomposite on a Ag electrode was synthesized in a stepwise
manner. The graphite oxide was prepared from graphite flakes
through well-known modified Hummer's method.³⁸ The obtained
graphite flakes were then ultrasonicated for 3–4 h to get the well-
dispersed graphene oxide (GO) in water (0.3 mg/mL, pH 3). The 10
mL GO solution (4.3 mg/mL) was prepared in 1× PBS (0.01 M)
prior to electrodeposition on interdigitated Ag electrode. The cyclic
voltammetry (CV) was carried out at a scan rate of 50 mV/s within
the potential range from 0.5 to –1.5 V for 20 cycles. After

Scheme 1. Fabrication of the Fe–Cu–rGO@Ag Sensor (WE) Interdigitated with Ag CE and Electrochemical Sensing Chip for Facile Detection of Blood Creatinine under POC Settings



172 electrodeposition, the rGO electrode was gently washed with
 173 ultrapure water and dried at room temperature. Next, the direct
 174 electrodeposition method was followed to prepare the iron–copper–
 175 rGO nanocomposite on a Ag electrode. This step includes
 176 electrodeposition using mixed solution of $\text{CuCl}_2 \cdot 2\text{H}_2\text{O}$ and $\text{FeCl}_2 \cdot$
 177 $4\text{H}_2\text{O}$ in sodium acetate buffer solution (pH 5.2) using a potential
 178 range from 0 to -1.2 V at a 50 mV/s scan rate. In this potential range,
 179 both the precursor of the iron and copper nanoparticles, i.e., Fe^{2+} and
 180 Cu^{2+} ions, were reduced on the rGO surface to form Fe–Cu–rGO.
 181 After the successful preparation of Fe–Cu–rGO@Ag (WE), a CE
 182 was printed following the same aligned 3D printing technique as
 183 described above to generate an interdigitated electrode pattern. For
 184 comparison study, only rGO, Cu–rGO, and Fe–rGO were deposited
 185 on the Ag electrode following the above-described procedure. The
 186 copper wire was attached to the interdigitated CE and WE using silver
 187 conductive adhesive paste and kept at 50 °C for 2 h for proper drying
 188 and attachment.

189 The characterization of the Fe–Cu–rGO nanocomposite on the
 190 Ag electrode was either performed directly or after careful removal of
 191 the material from the electrode. The surface morphology, shape,
 192 dispersity, and elemental mapping were analyzed by a field-emission
 193 scanning electron microscope (FESEM) (Zeiss Sigma HD), operated
 194 at an electron high tension (EHT) of 5.0 kV. The iron and copper
 195 electronic states and chemical composition were determined using X-
 196 ray photoelectron spectroscopy (XPS, PHI 5000 Versa Probe II, FEI
 197 Inc.). The crystalline nature of the Fe–Cu–rGO was determined
 198 through a powder X-ray diffractometer (PANalytical Empyrean
 199 XRD), at 2θ Bragg's angle range between 15 and 80° . The structural
 200 disorder and defects in the graphitic matrix were studied by Raman
 201 spectroscopy (WITEC 300 RAS instrument). Electrochemical
 202 properties of the Fe–Cu–rGO on a Ag electrode were investigated
 203 in an electrochemical sensing chip-based system using cyclic
 204 voltammetry (CV), differential pulse voltammetry (DPV), and
 205 electrochemical impedance spectroscopy (EIS) (Bio Logic Science
 206 Instrument, SP-150).

207 **Electrochemical Characterization of Fe–Cu–rGO@Ag.** An
 208 electrochemical sensing chip was developed to accommodate Fe–
 209 Cu–rGO@Ag as WE and Ag as CE to study the electrochemical
 210 properties of the sensor using cyclic voltammetry (CV) and
 211 electrochemical impedance spectroscopy (EIS) and with respect to
 212 a 5.0 mM concentration of the ferro/ferricyanide solution mixture
 213 ($\text{Fe}(\text{CN})_6^{4-}:\text{Fe}(\text{CN})_6^{3-} = 1:1$ molar ratio; 2.5 mM each in 0.01 M
 214 PBS as standard redox solution). The chip with dimensions 7.2 cm

length and 4.6 cm width consisted of a rectangular PCB (3.5 cm 215
 216 length \times 2.5 cm width) with a 3D printed Ag electrode (CE) and a
 217 Fe–Cu–rGO@Ag sensor (WE) that was individually connected by
 218 copper wires using silver adhesive. A plasma separation membrane
 219 (PSM) of dimensions 4.0 cm length and 0.7 width covering both
 220 electrodes was placed on the PCB in such a way that creatinine
 221 solution or blood plasma can flow over the electrodes for the
 222 electrochemical reaction on application of potential voltage. A wicking
 223 pad (circular, 2.0 cm in diameter), made of Whatman filter paper,
 224 was placed at the end of the membrane to assist the flow of the solution and
 225 absorb excess solution after the electrochemical reaction on the chip.
 226 To perform the electrochemical studies, a potential range of -1.0 V to
 227 $+1.0$ V and back to -1.0 V was applied at 50 mV/s scan rate. The
 228 analysis was performed based on the shift of peak current density or
 229 change in charge-transfer resistance due to the change in the surface
 230 charge at the working electrode surface when oxidation of $\text{Fe}(\text{CN})_6^{4-}$
 231 to $\text{Fe}(\text{CN})_6^{3-}$ and the reduction of $\text{Fe}(\text{CN})_6^{3-}$ to $\text{Fe}(\text{CN})_6^{4-}$
 232 occurred in PBS (0.01 M) buffer. The impedance related information
 233 on the Fe–Cu–rGO@Ag was obtained by fitting the data with a
 234 Randles equivalent circuit using ZSimpWin V 3.21 software.

235 **Sensitivity Analysis of Creatinine Using Fe–Cu–rGO@Ag.**
 236 The detection ability of the sensor, i.e., Fe–Cu–rGO@Ag, was
 237 performed with different concentrations of creatinine in 0.01 M PBS
 238 through cyclic voltammetry (a scan rate of 50 mV/s within the
 239 potential range from -0.8 V to $+0.8$ V back to -0.8 V), differential
 240 pulse voltammetry, and electrochemical impedance spectroscopy. The
 241 plasma separation membrane was used to flow the various
 242 concentrations of the creatinine, i.e., 0 (blank), 0.01 , 0.1 , 1 , 5 , 10 ,
 243 100 , 200 , 300 , 400 , 500 , 600 , 750 , and 1000 μM into the
 244 electrochemical sensing chip for sensitivity analysis.

245 **Repeatability, Reproducibility, Stability, and Reusability of**
 246 **Fe–Cu–rGO@Ag.** The repeatability study of Fe–Cu–rGO@Ag was
 247 determined with 100 μM creatinine solution in 0.01 M PBS using CV
 248 technique. The CV was recorded repeatedly with the Fe–Cu–rGO@
 249 Ag electrode for 10 cycles at a 50 mV/s scan rate. The oxidation peak
 250 current density obtained from each cycle was plotted and relative
 251 standard deviation (RSD) was calculated to determine the
 252 repeatability of the sensor. For the reproducibility study of Fe–
 253 Cu–rGO@Ag, four individual sensors were newly prepared by
 254 electrodeposition and investigated using 100 μM creatinine solutions
 255 via CV techniques. Each sensor was scanned for 10 consecutive cycles
 256 at a scan rate of 50 mV/s. The oxidation peak current density
 257 obtained from individual sensor was plotted and relative standard
 258 deviation (RSD) was calculated to determine the reproducibility of 258

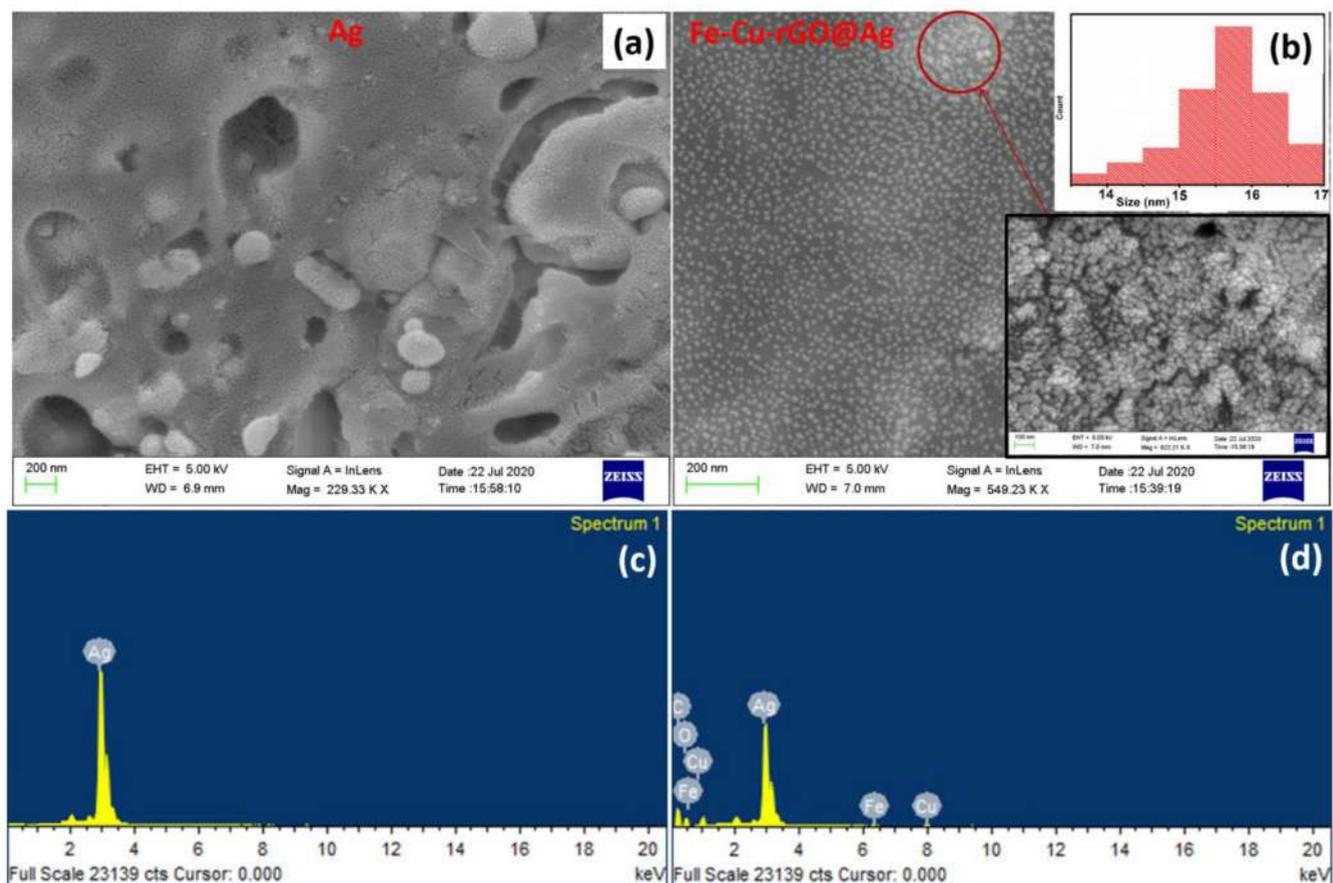


Figure 1. Comparative FESEM images of (a) Ag and (b) Fe–Cu–rGO@Ag; (c) energy-dispersive X-ray spectroscopy (EDS) of Ag and (d) Fe–Cu–rGO@Ag; Inset in b: Overall Cu/Fe nanoparticle size distribution (15–16 nm range) on rGO surface.

259 the sensor. The sensor stability was measured periodically for 10
260 weeks. Each time, the CV was performed 10 times and monitored the
261 electrochemical stability with respect to the change in oxidation peak
262 current density. The CV graph obtained from the sensor at each week
263 was plotted to determine the stability of the sensor. To check the
264 reusability of the sensor after every week, we carefully washed the
265 sensor with 0.01 M PBS before and after the CV scans.

266 **Interference Study.** Interfering molecules such as uric acid, urea,
267 dopamine and glutathione were tested at their detectable concen-
268 trations (uric acid, 100.0 μM ; urea, 1.0 mM; dopamine, 100.0 μM ;
269 and glutathione, 50.0 μM) in PBS solution (0.01 M) in the presence
270 of 0.1 mM (100 μM) creatinine. Cyclic voltammetry and differential
271 pulse voltammetry graphs were recorded for these experiments. The
272 sensor electrode was found to be sensitive and selective even in the
273 presence of the commonly interfering species.

274 **Analysis with Whole Blood Sample.** The whole blood samples
275 were collected from Durgapur Steel Plant (DSP) Hospital, West
276 Bengal, India, with the consent of healthy volunteers. For the analysis,
277 the whole blood was used as received without any further purification.
278 The plasma separation membrane was used to separate out the plasma
279 from whole blood and allowed to flow to the detection zone. One
280 hundred microliters of whole blood were carefully poured over the
281 plasma separation membrane that was placed over the electrodes to
282 make them moist with the plasma fluid and cyclic voltammetry (50
283 mV/s scan rate) and differential pulse voltammetry data were
284 recorded. Spiking with different concentrations of creatinine was also
285 performed for the detection using standard addition techniques.

286 The Fe–Cu–rGO@Ag sensor reusability was studied by cleaning
287 the counter and working electrode with 0.01 M PBS (pH 7.4). CV
288 was carried out for 50 cycles at a scan rate of 50 mV/s within the
289 potential range from -1.0 V to $+1.0$ V back to -1.0 V that
290 successfully cleanses and refreshes the sensor for another use.

It is of note that all the studies with human blood samples were
performed with approval from the institutional ethical committee
(IEC) of CSIR-Central Mechanical Engineering Research Institute,
Durgapur. As suggested by the members, the blood sample wastes
were disposed of in a strong bag after autoclaving.

RESULTS AND DISCUSSION

Characterizations of Fe–Cu–rGO@Ag. Scheme 1 represents the image of an electrochemical sensing chip for the detection of plasma creatinine in whole blood under POC settings. In the chip, one of the 3D printed silver (Ag) electrodes with iron–copper–rGO nanocomposite was used as electrochemical sensor (Fe–Cu–rGO@Ag, WE), whereas the other one was used as the CE in an interdigitated configuration. The Fe–Cu–rGO–based nanocomposite was prepared in two steps. The first step includes the electro-deposition of graphene oxide (GO) as its reduced form, i.e., reduced graphene oxide (rGO) on the bare 3D printed Ag electrode (rGO@Ag) by applying a potential range of 0.5 to -1.5 V (Figure S1a).³⁹ Next, iron (Fe) and copper (Cu) were codeposited in nanoparticulate form on rGO@Ag electrode by electrochemical redox reaction with the Fe^{2+} and Cu^{2+} ions using a potential range of 0 to -1.2 V versus Ag/AgCl. During coelectrodeposition, the anodic and cathodic scans displayed two prominent reduction and oxidation peaks. The peak at -0.20 V attributed to the reduction of Cu^{2+} to Cu^0 while the peak located at -0.73 V was due to the oxidation of Fe^{2+} to Fe^{3+} as shown in Figure S1b.^{40,41} It is worth mentioning that the deposition of Cu^0 happened in the first cycle of CV itself as

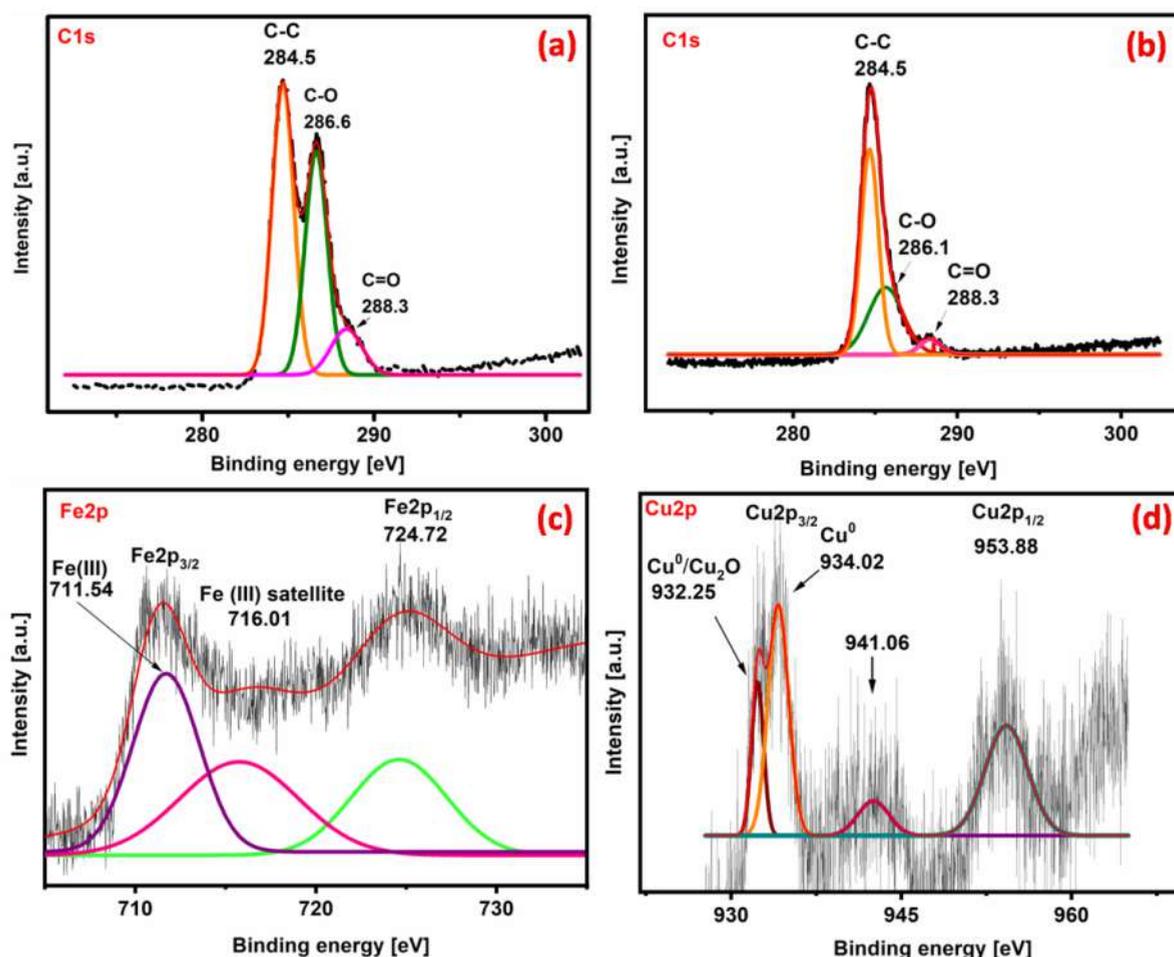


Figure 2. Chemical composition analysis of GO and Fe–Cu–rGO@Ag using deconvoluted XPS for; (a) C 1s spectrum of GO, (b) C 1s spectrum of Fe–Cu–rGO@Ag, (c) Fe 2p spectrum of Fe–Cu–rGO@Ag, and (d) Cu 2p spectrum of Fe–Cu–rGO@Ag.

319 shown by a sharp peak at -0.20 V and there was no reduction
 320 peak for Fe^{2+} to Fe^0 deposition. However, as the electro-
 321 chemical cycles continued, the delayed deposition of Fe^{3+}
 322 occurred at -0.73 V during the reverse scan, suggesting the
 323 fact that the deposition of copper (Cu^0) and iron (in the form
 324 of Fe^{III} -oxide) sequentially happened on the rGO@Ag.

325 The obtained Fe–Cu–rGO-based nanocomposite on the Ag
 326 electrode was characterized either directly on the electrode or
 327 after careful removal from the electrode using FESEM, EDS,
 328 XPS, XRD, and Raman. Figure 1 shows the surface
 329 characterization using the FESEM technique for the Ag and
 330 Fe–Cu–rGO@Ag sensor electrode surfaces. The characteristic
 331 flakelike structures are observed on the bare Ag electrode
 332 surface (Figure 1a), whereas electrodeposition of iron and
 333 copper results in granular-shaped nanoparticles (Figure 1b).

334 Figure 1b also shows the difference in contrast among the
 335 nanoparticles. The uneven distribution of cauliflower-like
 336 structures might be due to the formation of Fe nanoparticles
 337 on the homogeneously distributed spherical Cu nanoparticles
 338 that were formed first during the cathodic scan of the
 339 electrodeposition and stabilized by the rGO present on Ag-
 340 electrode.⁴² The size distribution of the Fe–Cu nanoparticles
 341 shown in the inset to panel b was measured using *ImageJ*
 342 indicates a size range of 15–16 nm. From the energy-dispersive
 343 X-ray absorption spectroscopy (EDS) spectrum, it clearly
 344 indicates the presence of Ag element on the bare surface, while

345 after the successful electrodeposition of the iron and copper, 345
 the electrode surface shows considerable amount of Fe, Cu, O, 346
 and C with Fe/Cu ratio of 1:3 wt % (Figure 1c, d). 347

348 X-ray photoelectron spectroscopy (XPS) measurements 348
 were performed to analyze the chemical states of iron and 349
 copper after electrodeposition. The C 1s spectrum of only GO 350
 shows three peaks at 284.5, 286.6, and 288.3 eV after 351
 deconvolution, which corresponds to the C–C, C–OH, and 352
 sp^2 -hybridized carbon atoms of C=O bonds, respectively 353
 (Figure 2a). After the electrodeposition of rGO followed by Fe 354
 and Cu, the intensities for the C–OH and C=O bonds 355
 decrease significantly, which justifies the loss of the –COOH, 356
 –O–, and –OH groups due to reduction of GO to rGO 357
 (Figure 2b).⁴³ In the deconvoluted Fe 2p XPS spectrum shown 358
 in Figure 2c, two asymmetric peaks at binding energies of 359
 711.54 eV ($\text{Fe } 2\text{p}_{3/2}$) and 724.72 eV ($\text{Fe } 2\text{p}_{1/2}$) with a satellite 360
 peak at 716.01 are signature peaks for the Fe^{3+} form of iron 361
 oxide. These peaks certify that the iron oxide in nano- 362
 composite is in Fe_2O_3 form (Figure 2c). Copper deconvolution 363
 in Figure 2d shows two major peaks of Cu 2p at 932.25 and 364
 953.88 eV corresponding to the Cu^{1+} of Cu_2O .⁴⁴ Also, a strong 365
 peak is observed at 934.02 eV that is assigned to Cu^0 state.⁴⁵ 366
 The satellite peak at approximately 941.06 eV may be due to 367
 metallic copper and/or partially oxidized copper.⁴⁶ 368

369 The XRD spectrum of the iron–copper-based nano- 369
 composite illustrates five characteristic diffraction peaks at 2θ 370

371 of 26.93° (112), 32.81° (122), 39.24° (123), 53.85° (115), and
 372 63.4° (205), which confirms the crystalline structure of the
 373 present iron oxide is in the form of Fe_2O_3 as shown in Figure 3

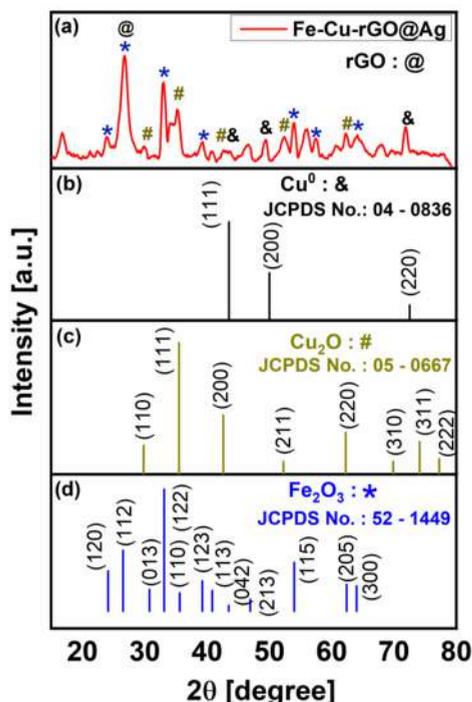


Figure 3. (a) XRD pattern of Fe–Cu–rGO nanocomposite; comparative XRD patterns of (b) Cu^0 (JCPDS No. 04–0836), (c) Cu_2O (JCPDS No. 05–0667), and (d) Fe_2O_3 (JCPDS No. 52–1449).

374 (JCPDS No. 52–1449). The XRD peaks at 2θ values of 43.4°
 375 (111), 50.4° (200), and 72.51° (220) indicate the presence of
 376 metallic copper (Cu^0) in the nanocomposite (JCPDS No. 04–
 377 0836).⁴⁰ The XRD patterns with five diffraction peaks at 29.6°
 378 (110), 35.6° (111), 42.1° (200), 52.33° (211), and 62.1°
 379 (220) confirm the presence of cuprous oxide (Cu_2O) structure
 380 (JCPDS No. 05–0667).^{44,45} The presence of cuprous oxide in
 381 the nanocomposite may be due to the oxidative-addition
 382 reaction of surface Cu atoms of the bulk Cu^0 nanoparticles
 383 with rGO during stabilization. The characteristic peak of

reduced graphene oxide at 2θ of 26.93° (002) designates the
 reduction of oxygen functional groups of graphene oxide in the
 electrodeposited Fe–Cu–rGO nanocomposite on the Ag
 electrode.⁴⁷

The in situ change of GO to rGO is confirmed by Raman
 spectroscopy studies, which is widely used to characterize the
 structural disorder, and defects in chemically synthesized
 graphene-based materials. It is reported that the I_D/I_G ratio
 increases from graphite to graphene oxide (GO) and again
 decreases after conversion of GO to rGO.⁴⁸ Figure S2
 demonstrates the intensity of the D band at $\sim 1356\text{ cm}^{-1}$
 corresponding to the disorder in the sp^2 carbon network
 decreases in Fe–Cu–rGO. On the other hand, the G band at
 $\sim 1575\text{ cm}^{-1}$ for the tangential vibrations of the sp^2 carbon
 atoms in the hexagonal planes increases in comparison to the
 GO. The I_D/I_G ratio of Fe–Cu–rGO becomes ~ 0.86 , which
 specifies the conversion of GO to rGO by eliminating most of
 the oxygen-containing functional groups and consequently
 increasing the usual size of the sp^2 domains.⁴⁹

The existence of Cu^0 - and Fe^{3+} -based nanoparticles in the
 nanocomposite was further investigated by cyclic voltammetry
 (CV) in 0.1 M NaOH (Figure S3). The anodic and cathodic
 scans display three oxidation and reduction peaks. The
 oxidation peaks at potentials of -0.236 V (a) and 0.235 V
 (b) are attributed to the oxidation of Cu^0 to Cu^{1+} and Cu^{1+} to
 Cu^{2+} , respectively. The reduction peaks at potentials of -0.031
 V (b') and -0.715 V (a') represent the transition of Cu^{2+} to
 Cu^{1+} and of Cu^{1+} to Cu^0 , respectively. The redox peak located
 at 0.576 V (c) and 0.245 V (c') may be due to the oxidation
 and reduction of Fe^{2+} to Fe^{3+} and vice versa (Figure S3).⁵⁰ The
 appearance of the CV peaks, i.e., c and c' was expected as it is
 reported that the adsorption of $\text{Fe}^{\text{II}}\text{-OH}$ can happen on
 positively charged Fe_2O_3 , without changing the surface
 properties of Fe_2O_3 , which ultimately oxidizes to Fe^{3+} and is
 built into the bulk structure of Fe_2O_3 .⁵¹ The electrochemical
 behavior of these nanocomposite-modified electrodes well
 agreed with XPS, XRD, and Raman results. On the basis of
 these results, it is confirmed that Fe–Cu–rGO nanocomposite
 on the Ag surface consists of metallic copper nanoparticles and
 Fe_2O_3 nanoparticles, which are adhered to the rGO surface and
 provide multiple adsorption sites for direct interaction with
 creatinine during its detection.

**Study of Fe–Cu–rGO@Ag in an Electrochemical
 Sensing Chip.** The suitability of Fe–Cu–rGO@Ag as a

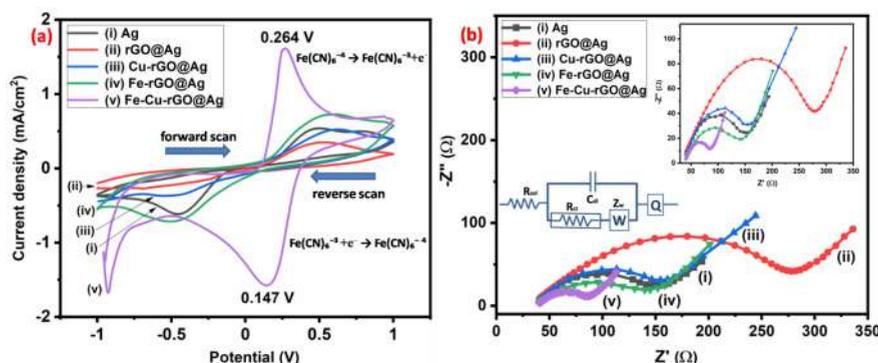


Figure 4. (a) CV graphs of 5.0 mM concentration of ferro/ferricyanide solution (1:1 ratio) in PBS using (i) Ag, (ii) rGO@Ag, (iii) Cu–rGO@Ag, (iv) Fe–rGO@Ag, and (v) Fe–Cu–rGO@Ag (sensor) electrodes at scan rate of 50 mV/s; (b) EIS recorded with frequency range from 10 kHz to 1 Hz using (i) Ag, (ii) rGO@Ag, (iii) Cu–rGO@Ag, (iv) Fe–rGO@Ag, and (v) Fe–Cu–rGO@Ag electrodes to demonstrate the electrocatalytic activity of the sensor.

428 sensor was evaluated in the electrochemical sensing chip
429 (Scheme 1). The detailed dimensions of the chip with the two
430 interdigitated electrode configurations are shown in Figure S4.
431 To compare the electrochemical behavior of the Fe–Cu–
432 rGO@Ag; Ag, rGO@Ag, Cu–rGO@Ag, and Fe–rGO@Ag
433 electrodes were also tested using CV and EIS techniques and
434 5.0 mM ferro/ferricyanide solution ($\text{Fe}(\text{CN})_6^{4-}:\text{Fe}(\text{CN})_6^{3-} =$
435 1:1 molar ratio; 2.5 mM each) at a scan rate of 50 mV/s within
436 the potential range from -1.0 V to $+1.0$ V back to -1.0 V
437 (Figure 4a).

438 The bare Ag electrode shows anodic and cathodic peak
439 potentials at 0.471 V and -0.496 V attributed to $\text{Fe}^{2+/3+}$ redox
440 couple at pH 7.4. However, when rGO was deposited, the
441 rGO@Ag electrode performance becomes inferior (Figure 4a).
442 The reason for such behavior may be due to the less
443 conductive property of rGO (with incomplete graphene
444 structure) that can minimally take part in the interfacial
445 electron transfer process, resulting in a low current response
446 from the ferro/ferricyanide redox couple.⁵² On the other hand,
447 the current density for the Fe–Cu–rGO@Ag increased in
448 both oxidation and reduction scan at 0.264 and 0.147 V,
449 respectively, with a decrease in ΔE (117 mV) as compared to
450 the Ag, rGO@Ag electrodes (967 mV and 991 mV). The
451 lowest ΔE might be due to the presence of Fe_2O_3 and Cu
452 nanoparticles on the rGO network within the nanocomposite
453 where Fe_2O_3 provide the platform for the redox reaction of
454 $\text{Fe}(\text{CN})_6^{4-}/\text{Fe}(\text{CN})_6^{3-}$, whereas the adjacent Cu nanoparticles
455 work as an excellent electron mediator for the charge transfer
456 between ferro/ferricyanide solution and the electrode surface.
457 Besides, the presence of binary nanoparticles increases the
458 active surface area of the Fe–Cu–rGO@Ag sensor for the
459 direct electron transfer and the combination of all these
460 activities help to exhibit high electrocatalytic behavior toward
461 the redox reaction $\text{Fe}(\text{CN})_6^{4-}$ to $\text{Fe}(\text{CN})_6^{3-}$ and vice versa.⁵³
462 The diffusion coefficient (D) of $\text{Fe}(\text{CN})_6^{4-}/\text{Fe}(\text{CN})_6^{3-}$ for
463 Fe–Cu–rGO@Ag was calculated following the Randles–
464 Sevcik equation considering irreversible redox reaction as
465 sensor electrode.^{54,55}

$$466 \quad I_p = 2.99 \times 10^5 n^{3/2} \alpha^{1/2} ACD^{1/2} \nu^{1/2} \quad (1)$$

467 where I_p (peak current of the electrode, anodic/cathodic) =
468 0.00061 Amp, n (number of electrons for $\text{Fe}(\text{CN})_6^{4-}/$
469 $\text{Fe}(\text{CN})_6^{3-}$) = 1, A (surface area of electrode) = 0.38 cm^2 , D
470 (diffusion coefficient), C (concentration of $\text{Fe}(\text{CN})_6^{3-/4-}$) = 5
471 $\times 10^{-6}$ mol/ cm^3 , and ν (scan rate) = 0.05 V/s. The electron
472 transfers coefficient (α) was calculated following the reported
473 procedure by Wang et al. (see the Supporting Information).⁵⁵
474 By incorporating appropriate values in eq 1 above, the D value
475 was obtained as 3.43×10^{-5} $\text{cm}^2 \text{ s}^{-1}$ for Fe–Cu–rGO@Ag
476 which is higher than the recently reported one.²⁶ The high
477 value of D for Fe–Cu–rGO@Ag may be due to the high
478 aspect ratio of electrode surface and associated electrostatic
479 interactions between the electrode surface and the redox
480 species that provides a facile transportation of $\text{Fe}(\text{CN})_6^{3-/4-}$
481 from bulk to the electrode. Further, the impedance measure-
482 ment was performed in a frequency range of 10.0 kHz to 1.0
483 Hz to understand the electrocatalytic behavior of the sensor
484 electrode (Figure 4b). The decreased radius of the semicircle
485 at high frequency indicates that the charge-transfer resistance
486 (R_{ct}) is significantly decreased, consistent with the CV curves
487 (Figure 4a). The R_{ct} relates to the electron-transfer kinetics of
488 the analytes along with its diffusion control process in the case

of irreversible redox reaction at the electrode interface. As
489 expected, Fe–Cu–rGO@Ag showed a significantly lower
490 internal charge-transfer resistance than the other electrodes
491 of the present study, indicating a conductive pathway of
492 electrons toward the electrode for signal generation. Figure 4b
493 (inset) shows the Randles circuit model to determine the
494 charge transfer resistance (R_{ct}) value of all the electrodes
495 including the Fe–Cu–rGO@Ag sensor, tabulated in Table S2.
496 Further, the R_{ct} value was used to determine the heterogeneous
497 charge transfer rate constant (K^0) of $\text{Fe}(\text{CN})_6^{4-}/\text{Fe}(\text{CN})_6^{3-}$
498 for Fe–Cu–rGO@Ag. The K^0 was calculated using the
499 following equation:⁵⁶

$$500 \quad K^0 = RT/n^2 F^2 A R_{ct} C \quad (2)$$

where R (gas constant) = 8.314 J $\text{mol}^{-1} \text{ K}^{-1}$, T (temperature) 502
= 298 K, F (Faraday constant) = 96 500 C mol^{-1} , R_{ct} (charge 503
transfer resistance) = 82.66 Ω , whereas n , A , and C values were 504
similar as above. By incorporating the values in eq 2, the K^0 505
value was obtained as 1.694×10^{-3} cm s^{-1} for Fe–Cu–rGO@ 506
Ag, which is better as compared to the reported values.⁵⁶ 507
Moreover, the surface concentration (C) of the adsorbed 508
 $\text{Fe}(\text{CN})_6^{4-}/\text{Fe}(\text{CN})_6^{3-}$ on the sensor was calculated following 509
the Brown–Anson model equation:⁵⁷ 510

$$511 \quad I_{pa} = (n^2 F^2 C A \nu) / 4RT \quad (3)$$

where I_{pa} (oxidation peak current for $\text{Fe}(\text{CN})_6^{4-}/\text{Fe}(\text{CN})_6^{3-}$) 512
= 0.00061 A, C (surface concentration of $\text{Fe}(\text{CN})_6^{3-/4-}$), 513
whereas A , ν , R , and T were used as given above. After using 514
these values in eq 3, the surface concentration of $\text{Fe}(\text{CN})_6^{3-/4-}$ 515
was obtained as 3.46×10^{-8} mol cm^{-2} , which is due to the 516
high surface area of Fe–Cu–rGO@Ag that permits a 517
significant degree of coverage to $\text{Fe}(\text{CN})_6^{4-}/\text{Fe}(\text{CN})_6^{3-}$ 518
species. The lowest R_{ct} and high K^0 value of the Fe–Cu– 519
rGO@Ag might be due to the synergistic effect of the network 520
structure of rGO and Cu– Fe_2O_3 nanoparticles. In addition to 521
that, the adsorbed surface concentration of $\text{Fe}(\text{CN})_6^{4-}/$ 522
 $\text{Fe}(\text{CN})_6^{3-}$ on the sensor enhanced the current density to a 523
measurable output (in mA/cm^2 range). All these factors 524
collectively decreased the overpotential toward better electro- 525
catalytic property, which became useful to use as an 526
electrochemical sensor for creatinine detection. 527

Electrochemical Detection of Creatinine: Study of 528
Sensitivity, Selectivity, and Associated Mechanism. The 529
sensing performance of the Fe–Cu–rGO@Ag in the electro- 530
chemical chip was estimated using 100.0 μM of creatinine 531
solution within the potential range from -0.8 V to $+1.4$ V back 532
to -0.8 V. The sensor performance was also compared with 533
bare Ag, rGO@Ag, Cu–rGO@Ag, and Fe–rGO@Ag electro- 534
des under identical condition. As shown in Figure S5a, no 535
redox peak potential appeared in the absence of creatinine in 536
PBS with Fe–Cu–rGO@Ag; however, after the addition of 537
100 μM of creatinine, a current response is observed at 0.235 V 538
due to the oxidation of the added analyte. In Fe–rGO@Ag 539
electrode, a current response is observed at 0.251 V, whereas 540
the bare Ag, rGO@Ag, and Cu–rGO@Ag do not show any 541
significant response for creatinine (Figure S5b, inset). The 542
anodic peak current density (I_a) and anodic peak potential (E_a) 543
for Fe–rGO@Ag and Fe–Cu–rGO@Ag are 0.072 mA/cm^2 , 544
0.251 V and 0.352 mA/cm^2 , 0.235 V, respectively. The higher 545
 I_a and lower E_a indicate that Fe–Cu–rGO@Ag has the 546
electrocatalytic property that contributes to creatinine 547
oxidation and is better than the other electrodes at detecting 548

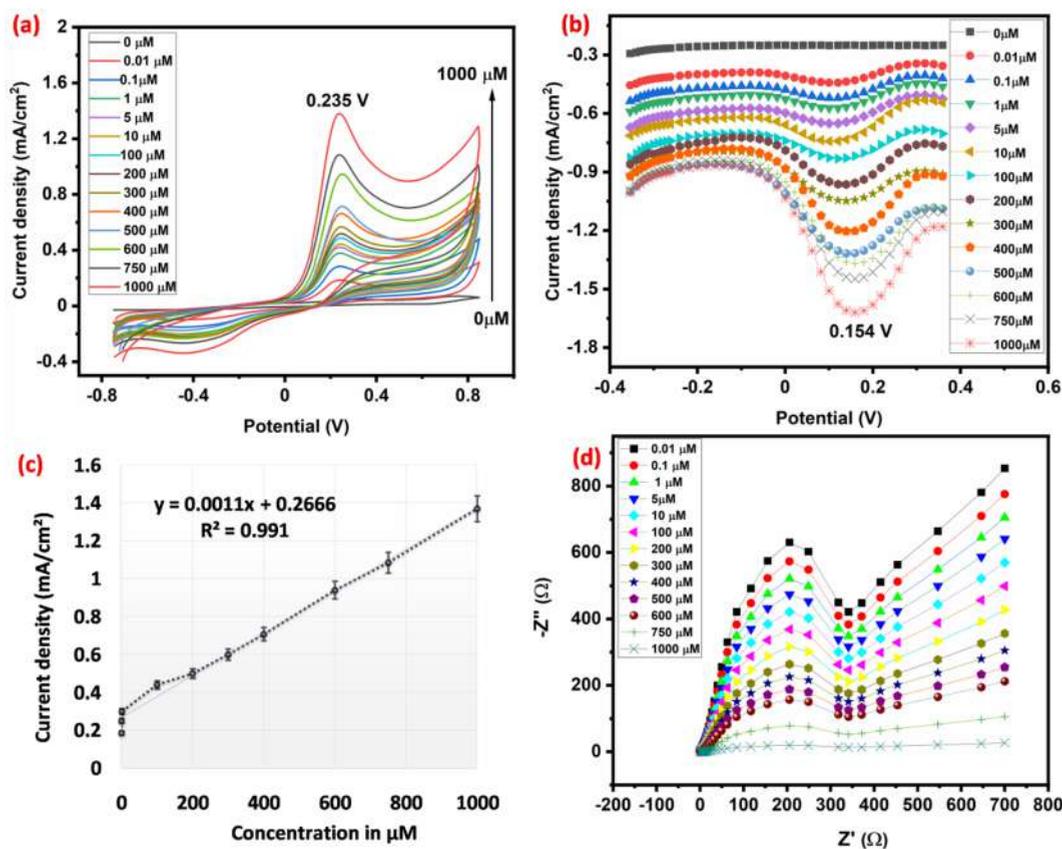


Figure 5. (a) CV and (b) DPV of different concentrations of creatinine (blank, 0.01, 0.1, 1, 5, 10, 100, 200, 300, 400, 500, 600, 750, and 1000 μM) using Fe–Cu–rGO@Ag electrode (area = 0.38 cm^2) in 0.01 M PBS (pH 7.4) at a scan rate of 50 mV/s; (c) linear regression curve of creatinine concentrations versus current density with an R^2 value of 0.991 and a sensitivity of $1.1 \mu\text{A} \mu\text{M}^{-1} \text{cm}^{-2}$; (d) EIS of all concentrations of creatinine (frequency range of 10.0 kHz to 1.0 Hz).

creatinine in buffer medium (pH \sim 7.4). To demonstrate the sensitivity of Fe–Cu–rGO@Ag, we performed CV and DPV studies with various concentrations of creatinine (0.01, 0.1, 1, 5, 10, 100, 200, 300, 400, 500, 600, 750, and 1000 μM) in 0.01 M PBS (\sim pH 7.4) within the potential range from -0.8 V to $+0.8$ V back to -0.8 V (Figure 5a, b). Both CV and DPV show an increase in the current densities from 0.185 to 1.371 mA/cm^2 at 0.235 V and from 0.435 to 1.63 mA/cm^2 at 0.154 V, respectively, due to increasing creatinine concentration from 0.01 to 1000 μM . The increase in current density is linear with a limit of detection of 0.01 μM (10 nM) ($R^2 = 0.991$), as shown in Figure 5c. The calculated sensitivity from the linear calibration curve slope is $1.1 \mu\text{A} \mu\text{M}^{-1} \text{cm}^{-2}$, as, which is comparable to or better than the reported electrochemical-based creatinine sensors, as summarized in Table S1.

Like the $\text{Fe}(\text{CN})_6^{4-}/\text{Fe}(\text{CN})_6^{3-}$ redox reaction, the creatinine oxidation is an irreversible process and involves both diffusion as well as adsorption of creatinine for charge transfer at the sensor electrode surface. For this reason, the diffusion coefficient (D), the surface concentration of creatinine (C) after diffusion, and the heterogeneous charge transfer rate constant (K^0) for creatinine oxidation at the sensor surface were calculated to be $1.84 \times 10^{-3} \text{cm}^2 \text{s}^{-1}$, $2.33 \times 10^{-9} \text{mol cm}^{-2}$, and $5.08 \times 10^{-3} \text{cm s}^{-1}$ (see Tables S3 and S4 and the associated equations). The calculated values of diffusion coefficient (D) and concentration of creatinine (C), and charge transfer rate constant (K^0) found to be better as compared to other reported values for electrochemical

creatinine detection.^{25,26} These values support the statement that Fe–Cu–rGO-based nanocomposite plays a significant role in the electrochemical sensing of creatinine as upon increasing creatinine addition, more and more creatinine binds with the nanocomposite active sites, leading to an increase in the current density manifold as demonstrated in CV and DPV studies.

Interestingly, the adsorption of creatinine molecules at the electrode interface does not affect the internal resistance and reactance of the overall electrochemical system, as the impedance value decreases without changing the electron-transfer resistance (R_{ct}), whereas the creatinine concentration increases within the frequency range from 10 kHz to 1 Hz (Figure 5d). The constant value of the electron-transfer resistance (R_{ct}) also suggests that assembly of creatinine occurs at one interface, i.e., on the surface of the Fe_2O_3 nanoparticles of the Fe–Cu–rGO@Ag electrode, whereas Cu nanoparticles play an important role in carrying electrons from the analyte to the electrode for detectable signal processing.

Next, it became essential to explore the mechanism of Fe–Cu–rGO@Ag electrocatalytic oxidation of creatinine during its detection (Scheme 2 and Figure 6). Pure rGO usually exhibits low electrical conductivity due to few sp^3 carbons in the rGO matrix. After the deposition of highly conductive Cu nanoparticles on the rGO surface, the Cu–rGO@Ag shows a limited performance because of the lack of interfacial creatinine binding sites for its oxidation. Interestingly, it has been reported that Fe_2O_3 can serve as active interfacial sites for

Scheme 2. Mechanism of Creatinine Oxidation on the Fe–Cu–rGO@Ag Electrode

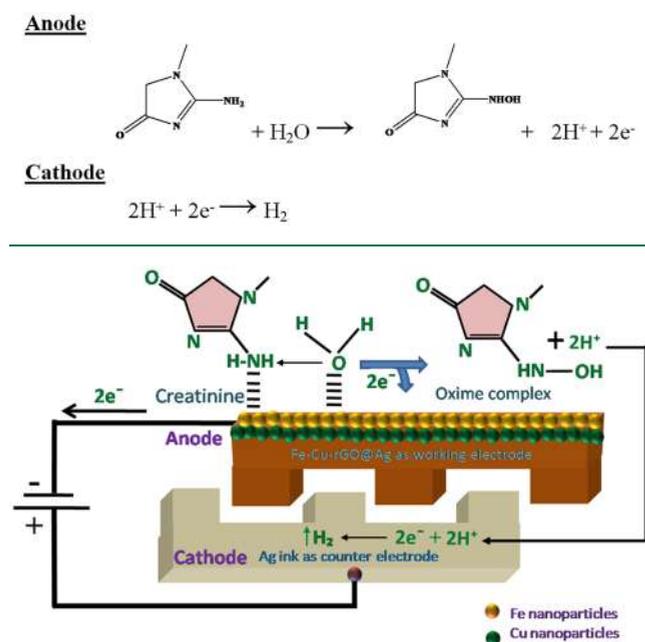


Figure 6. Mechanism of electrocatalytic oxidation of creatinine by Fe–Cu–rGO@Ag electrode.

creatinine oxidation because unsaturated surface Fe atoms of Fe_2O_3 can efficiently capture creatinine through the secondary amine nitrogen and Fe^{3+} interaction. Thus, the presence of Fe_2O_3 in Fe–rGO@Ag slightly improved creatinine oxidation because of the rapid immobilization of creatinine molecules on the Fe–rGO@Ag surface for the electron transfer through rGO. However, when CuNP is loaded, followed by Fe_2O_3 on the rGO surface, significantly enhanced the electrocatalytic oxidation of creatinine to its oxime occurs in the presence of water molecules. The formation of oxime is confirmed by the spot test for the oxime. This test developed a bluish-green color solution in the presence of diazonium salt and ferric chloride in alkaline pH on the plasma separation membrane used in the chip during the creatinine sensing process (Figure S6).⁵⁸

The improved performance can be attributed to the excellent synergistic effect of CuNP as an electron-transfer mediator and Fe_2O_3 as active interfacial sites for creatinine molecules. It assumes that, after incorporating the highly conductive Cu nanoparticles between the rGO@Ag and the Fe_2O_3 , the electrochemically generated electrons during the oxidation of creatinine on Fe_2O_3 rapidly transfer to the current collector, i.e., Ag through the CuNP for signal generation. Of note, the modified electrodes, Cu–rGO@Ag and Fe–rGO@Ag, show peaks at 0.63 and 0.59 V, respectively, whereas the Fe–Cu–rGO@Ag shows a peak at 0.264 V for ferro/ferricyanide reaction (Figure 4a), confirming the electrocatalytic activity of Fe_2O_3 over CuNP by reducing the overpotential of individual CuNP and Fe_2O_3 @Ag. Therefore, a combination of Fe_2O_3 -based interfacial active sites for creatinine binding and CuNP-mediated fast electron-transfer pathway play an important for the present electrochemical sensing of creatinine. The schematic representation of the mechanism is shown below:

Repeatability, Reproducibility, Stability, and Reusability of Fe–Cu–rGO@Ag Electrochemical Sensing

Chip. Repeatability, reproducibility, stability, and reusability of a sensor are the most important factors to develop a chip-based device for point-of-care use. The repeatability study of Fe–Cu–rGO@Ag was determined with 100 μM creatinine solution in 0.01 M PBS using the CV technique. The CV was recorded repeatedly with the Fe–Cu–rGO@Ag sensor for 10 cycles at a 50 mV/s scan rate. The CV graph shows no significant change in both the peak potential and current density of creatinine oxidation for 10 cycles, as shown in Figure S7a. The scatter chart shows the current density at each cycle, which remains almost constant with a relative standard deviation (RSD) of only 2.7% (Figure S7b).

To study the reproducibility of the Fe–Cu–rGO@Ag, four different sensors named Sensor-1,2,3,4 were obtained by electrodeposition and tested by CV techniques. Each modified electrode was scanned for 10 consecutive cycles at a scan rate of 50 mV/s within the range of $-0.8\text{ V} + 0.8\text{ V}$ to -0.8 V potential in 0.01 M PBS containing 100 μM creatinine. The scanning results of the last cycle are shown in Figure S8a. The relative standard deviation of the oxidation peak current density is only 2.0% (Figure S8b), indicating that Fe–Cu–rGO@Ag has a good reproducibility in sensing applications. For the sensor stability and reusability study, a single sensor is used for creatinine detections periodically for 10 weeks. After each week, the CV scan is performed for 10 consecutive cycles in 0.01 M PBS containing 100 μM creatinine at a scan rate of 50 mV/s. It is found that the stability of the electrode is not lost even after 6 weeks, as shown in Figure S9.⁵⁹ The oxidation peak current density remains more than 90% of the initial value up to 6 weeks; however, the oxidation peak current density gradually decreases from the seventh week (66%), signifying that the nanocomposite has good stability for up to 6 weeks. The overall study demonstrates that the present electrochemical sensor, Fe–Cu–rGO@Ag, can provide good repeatability, reproducibility, and stability for creatinine detection even after repeated use, which is a fundamental requirement for an electrochemical-based sensor development under point-of-care settings. It is to note that, after every use, the sensor electrode was washed in PBS (0.01 M) and stored at ambient temperature.⁴⁹

Sensor Selectivity. To evaluate any sensor's commercial importance, it is essential to investigate the selectivity of the same toward various possible interfering molecules. Fe–Cu–rGO@Ag was tested toward uric acid, urea, dopamine, and glutathione, which potentially coexist with creatinine in the blood to determine the interfering effects. Uric acid, urea, dopamine, and glutathione were tested at their detectable concentrations, i.e., uric acid, 100.0 μM ; urea, 1.0 mM; dopamine, 100.0 μM ; and glutathione, 50.0 μM in 0.01 M PBS (pH 7.4) in the presence of 100 μM creatinine. The modified electrode is sensitive and selective even in the presence of such commonly interfering species.¹⁶ In Figure S10, -b, the prominent CV and DPV peaks for dopamine, urea, creatinine, glutathione, and uric acid are observed. The potential difference of 40 and 90 mV between dopamine and urea for CV and DPV are recorded, respectively. Whereas 80 mV (CV) and 210 mV (DPV) potential differences are recorded between urea and creatinine. Similarly, creatinine and glutathione are 250 mV (CV) and 210 mV (DPV) apart. In comparison, the difference between glutathione and uric acid is approximately 210 mV (CV) and 240 mV (DPV), as shown in Figure S10a, b. This result indicates that the present sensor, Fe–Cu–rGO@Ag, is specific to creatinine and does not interfere with 702

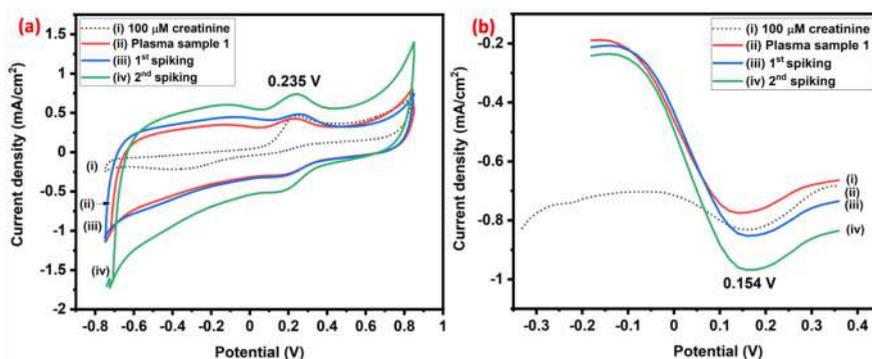


Figure 7. (a) CV at a scan rate of 50 mV/s and (b) DPV using the Fe–Cu–rGO@Ag electrode with 100 μM creatinine (i; dotted line), blood plasma sample 1 (ii; red line), blood plasma spiked with 100 μM creatinine (iii; blue line) and blood plasma spiked with 250 μM creatinine (iv; green line).

703 commonly available plasma bioanalytes like uric acid, urea,
704 dopamine, and glutathione.

705 **Analysis with Whole Blood.** The analytical performance
706 of the Fe–Cu–rGO@Ag electrochemical sensor was checked
707 by determining the presence of creatinine in whole blood
708 samples. Three blood samples were collected from DSP
709 Hospital with the consent of healthy volunteers. The blood
710 samples were used as received without any further treatment. A
711 plasma separation membrane was used to separate the plasma
712 from the whole blood to the detection zone, as shown in
713 Figure S11. The CV and DPV graphs were recorded to see the
714 creatinine concentration, which was initially present in the
715 blood. CV and DPV values of 0.425 and -0.77 mA/cm^2
716 current density are recorded respectively for sample 1, as
717 shown in Figure 7a, b. The already present creatinine
718 concentration is determined by correlating the observed
719 current density values with the linear graph obtained from
720 the concentration study during sensitivity measurements. The
721 result shows $\sim 90 \mu\text{M}$ of creatinine in the collected blood
722 sample.

723 To check the repeatability of the result, we performed the
724 experiment three times, and current density values of 0.42,
725 0.426, and 0.431 mA/cm^2 were observed for sample 1. Plasma
726 samples were then spiked with 100 and 250 μM creatinine, and
727 it is found that on adding more creatinine to the blood, a
728 noticeable change in anodic peak occurs from the baseline.
729 The study shows that the clinically determined concentration
730 (by following standard testing protocol at DSP Hospital) is
731 almost equal to the estimated creatinine concentration after
732 spiking with 250 μM (2nd spiking) of creatinine. The change
733 in current density at the peak voltage (Figure 7a-iii,iv) is 0.249
734 mA/cm^2 , which signifies the fact that the current density
735 changes by $1.0 \mu\text{A} \mu\text{M}^{-1} \text{ cm}^2$ with an average recovery of
736 97.84% (sample 1; Table S5). Similarly, the average recovery
737 of 98.01 and 100.07% is obtained for samples 2 and 3,
738 respectively (Table S5 and Figure S12). It could be observed
739 that on spiking of 250 μM (2nd spiking) of creatinine, the
740 change in current density at the peak voltage is 0.287 mA/cm^2
741 (sample 2, Figure S12aii-iii) and 0.282 mA/cm^2 (sample 3,
742 Figure S12bii-iii) inferring the fact that current density changes
743 by 1.14 and $1.12 \mu\text{A} \mu\text{M}^{-1} \text{ cm}^2$ of creatinine for samples 2
744 and 3 respectively. In Figure 5c, the sensitivity test with
745 creatinine solution is found to be $1.1 \mu\text{A} \mu\text{M}^{-1} \text{ cm}^2$. As the
746 calculated sensitivity during experiments with whole blood
747 samples closely matches the tested sensitivity for creatinine
748 solution obtained from the concentrations versus the current

density curve (Figure 5c), it is confirmed that the chip shows
749 consistent sensitivity in the presence of real blood samples.
750 Furthermore, the absence of any additional peaks near 0.235 V
751 (peak voltage for creatinine) establishes that the chip has high
752 sensitivity and is selective toward creatinine detection, even in
753 whole blood samples.

754 **Reusability of the Electrochemical Sensing Chip**
(Proposed POC). It is also worth exploring the reusability
755 of the sensor, Fe–Cu–rGO@Ag, in the blood sample. As
756 blood plasma was absorbed on the plasma separation
757 membrane's surface placed over the electrodes during plasma
758 creatinine detection, it could not be reused. However, the
759 sensor, Fe–Cu–rGO@Ag, may be used after cleaning with
760 PBS. To check this aspect, we washed the counter electrode
761 and the working electrode Fe–Cu–rGO@Ag, which were
762 present in the electrochemical sensing chip, with 0.01 M PBS
763 after performing experiments with blood sample 1 (Figure 7),
764 and CV was carried out with PBS for 50 cycles at a 50 mV/s
765 scan rate from -1 V to $+1 \text{ V}$ and back to -1 V . The graph of
766 Figure S13 shows no redox peak in the CV in the presence of
767 PBS. The result indicates that the cleaning procedure
768 successfully refreshed the electrode surface for another use.
769 Additionally, this washed sensor was used to perform
770 experiments with blood samples 2 and 3, and peaks for
771 creatinine could be detected precisely (Figure S12a, b),
772 confirming the reusability and stability of the sensor.

775 CONCLUSION

776 In conclusion, we developed a nonenzymatic sensor for
777 creatinine detection in an electrochemical sensing chip.
778 Reduced graphene oxide stabilized binary iron–copper
779 nanocomposite over 3-D printed Ag electrode (Fe–Cu–
780 rGO@Ag), serving as a sensor, was prepared stepwise;
781 electrodeposition of reduced graphene oxide (rGO) followed
782 by binary iron–copper nanoparticles on rGO@3D printed Ag
783 electrode. The FESEM, EDS, XPS, XRD, and Raman studies
784 confirmed the presence of iron and copper nanoparticles in
785 Fe_2O_3 and Cu^0 states with a size range of $\sim 15\text{--}16 \text{ nm}$, which
786 made the overall sensor system electrocatalytically efficient for
787 rapid and sensitive detection of creatinine. The sensing
788 performance of Fe–Cu–rGO@Ag was demonstrated through
789 cyclic voltammetry, differential pulse voltammetry, and
790 electrochemical impedance spectroscopy techniques. The
791 current density in mA/cm^2 range against the creatinine
792 concentrations showed the excellent catalytic response in the
793 range of $0.01 \mu\text{M}$ to $1000 \mu\text{M}$ with the limit of detection of

794 0.01 μM (10 nM) and a sensitivity of 1.1 $\mu\text{A } \mu\text{M}^{-1} \text{ cm}^{-2}$ at the
795 physiological pH, making it highly suitable for accurate blood
796 creatinine analysis. The mechanism involves the synergistic
797 effect of copper–iron oxide binary nanoparticles, where Fe
798 atoms of Fe_2O_3 act as active sites for creatinine oxidation
799 through the secondary amine nitrogen, and the CuNP acts as
800 an excellent electron-transfer mediator through rGO. The
801 repeatability, reproducibility, stability, and reusability of the
802 sensor were evaluated to demonstrate its potential to be used
803 as creatinine sensing applications. The sensor was highly
804 sensitive and selective toward creatinine even in the presence
805 of uric acid, glutathione, dopamine and urea as commonly
806 interfering species. The detection method was successfully
807 applied to determine the creatinine level in the blood plasma
808 after separating from whole blood using a plasma separation
809 membrane in the same electrochemical sensing chip. The
810 observed results are comparable or better than the reported
811 detection techniques and conventional clinical methods for
812 blood creatinine, reiterating the benefit of the developed
813 sensor for POC application.

814 ■ ASSOCIATED CONTENT

815 ■ Supporting Information

816 The Supporting Information is available free of charge at
817 <https://pubs.acs.org/doi/10.1021/acsbmaterials.1c00484>.

818 Electrochemical detection of creatinine by various
819 research groups (Table S1); Randles equivalent circuit
820 values recorded with different electrodes (Table S2);
821 calculated values of coefficients (Table S3); calculated
822 values of α , D , C , and K^0 for $\text{Fe}(\text{CN})_6^{3-/4-}$ and creatinine
823 (Table S4); creatinine spiking in blood plasma samples
824 (Table S5); electrodeposition of rGO, Fe, Cu (Figure
825 S1); Raman spectra of Fe–Cu–rGO and GO (Figure
826 S2); electrochemical investigation of Cu^0 and Fe^{3+} using
827 0.1 M NaOH (Figure S3); 3D printed Ag electrodes and
828 dimensions (Figure S4); electrochemical performance
829 analysis of sensor with creatinine (Figure S5); oxime
830 formation on the PSM (Figure S6); repeatability study
831 (Figure S7); reproducibility study (Figure S8); stability
832 study (Figure S9); selectivity study (Figure S10); plasma
833 separation on chip (Figure S11); spiking study in blood
834 sample (Figure S12); reusability study of the sensor
835 (Figure S13) (PDF)

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